

Registration Form

Name _____ E-mail _____

Address _____

Home Phone _____ Cell Phone _____

Emergency Contact Name and Phone Number _____

Accommodations:

Tierra de Suenos is an Eco-Friendly resort. You will be staying in a hand-crafted Caribbean-style, open air bungalow. Each bungalow has a queen bed. If you are sharing a room, a twin bed will be added to your bungalow.

Register before April 20th, 2024 with a deposit of \$700 and the cost of the retreat is \$1,895 pp. for meals, lodging and yoga based on double occupancy. (Airfare, shuttles, extra-curricular activities, taxes, tips, gratuities and any other accommodations are not included). Price goes up to \$2,395 on April 21st, 2024. Final payment is due December 1, 2024.

There are no refunds after the final payment.

Roommate:

- There are no private rooms. List the name of your roommate here, or state that you need one: _____

Meals: 3 meals a day are provided, except Thursday night dinner, which will be offsite.

- The food is fresh, healthy, locally sourced, and mostly vegetarian. The main protein sources are beans, legumes and pulses. Eggs are included for breakfast.
- Chicken and fish are available every second evening. (There will be an extra charge for this, payable at the lodge.) Check here if you want this option _____
- If you have any food allergies, please list them here: _____

- Check if you are:
Vegetarian ____ Vegan ____ Gluten Free ____ Other _____

- Tierra de Suenos does not serve alcohol, but you can purchase beer and wine nearby.

Miscellaneous:

- Trip Insurance is highly recommended. Try [TravelInsurance.com](https://www.TravelInsurance.com)

Your Yoga Experience and Background:

If you have not been practicing with Karin, tell me about your yoga practice.

Feel free to use the other side of this form.

Do you have any physical limitations or health concerns that I should know about?

Tierra de Suenos has mats, blocks and bolsters that we can use. I would recommend that you bring your own yoga strap, with your name on it.

Return all completed forms and payment to:

Karin Eisen, 1474 Birch Lane, Perkasie, PA 18944